



Swedish Covenant Hospital

TECHNOLOGY CHANGES. COMPASSION DOES NOT.™

April 27, 2007

Dear Sir or Madam:

I am pleased to write this letter of recommendation for Doug Dvorak's services as a Laughter Yoga trainer. Doug provided an excellent training session for eight members of the staff of Swedish Covenant Hospital here in Chicago.

Throughout the practical session, Doug provided not only the tools for successfully leading a Laughter Yoga session for all types of patients, but was extremely knowledgeable in the reasons for using laughter as a healing tool. I initially trained with Doug last June and, due to his guidance, we've been very successful in bringing Laughter Yoga to patients in all areas of the hospital.

I cannot recommend Doug highly enough. His energy and laughter are infectious and everyone in the group is still talking about how valuable the training has been. If you have any questions, please feel free to call me directly at (773) 989-3812.

Sincerely,

Timothy A. Nelson
Certified Laughter Yoga Leader
Public Relations Manager
Swedish Covenant Hospital