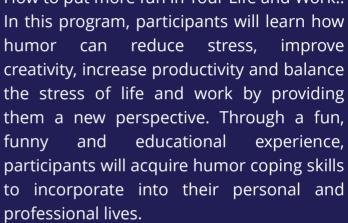




Program Goals

This program will offer participants the opportunity to:

- Recognize the value and importance of humor in creating a more healthy and balanced life.
- memorable
- Achieve more balance in life and work through humor.
- Recognize the value of humor in creating a healthier perspective.
- Implement specific techniques to incorporate more fun and humor in your personal and professional life.
- Enjoy a fun and entertaining program full of practical information.
- Live long, laugh large and often.





Duration

- 45-60 Minute Keynote
- 2-4 Hour Breakout Session
- 6-8 Hour Full Day Training

This program can be customized for any event including:

- \otimes Breakfast / Lunch / Dinner
- \otimes **Recognition Ceremonies**
- \otimes Sales Meetings
- \otimes **Management Conferences**
- \otimes **Corporate Retreats**
- \otimes **Special Events**



847.359.6969



